



✓	Dual/Solo	Exercises	Hrs	Items Introduced	Exams
	<b>Solo</b>	<i>Recreational &amp; cross-country flying (pilot discretion)</i>	<b>50</b>	Mountain Flying Ground course Weight & Balance Revision Performance Chart Revision Passenger Brief Revision CAR Part 135 Class 1 Medical Flight Manual Revision Flight Test Standard Guide	<b>Principles of Flight</b>
	Dual	Maximum Rate Turns	0.8		<b>Human Factors</b>
	Dual	Steep Gliding Turns	0.8		<b>Aircraft Technical Knowledge</b>
	Dual	Stall In The Turn	0.8		
	Dual	Constant Radius Turns	0.6		
	Dual/Solo	Instrument Flying Revision	5.0		<b>Meteorology</b>
	Dual	Low Flying/Mountain Flying	5.0		
	<b>Solo</b>	<i>Recreational &amp; revisionary flying (pilot discretion)</i>	<b>40</b>		<b>Navigation &amp; Flight Planning</b>
<b>CPL Navigation</b>					<b>Air Law</b>
	Dual	CPL Navigation	10		
	<b>Solo</b>	<b>CPL Navigation</b>	<b>10</b>		
	Solo*	CPL X-Country Flight Test	2.5		
<b>CPL Night Flying</b>					
<i>Completed during PPL training</i>					
<b>Flight Test Preparation</b>					
	Dual	General Revision	3.0		
	<b>Solo</b>	<b>General Revision Solo</b>	<b>3.0</b>		
<b>CPL Flight Test</b>					

\*Both pilot & instructor log the flight as PIC.