



✓	Dual/Solo	Exercises	Hrs	Items Introduced	Exams
	Dual	Effects of Primary Control	0.5	Pre-flight Inspection	Flight Radio
	Dual	Effects of Ancillary Controls	0.6	Refuelling	
	Dual	Straight & Level	0.7	Radio Calls	
	Dual	Climbing & Descending	0.8	Record ATIS/Set QNH	
	Dual	Medium Turns	0.8	Taxi/Brake Check	
	Dual	Basic Stalling	0.7	Using The Transponder	
	Dual	Slow Flight	0.8	Tech Log/Other Documents	
	Dual	Circuit Introduction	0.6	Weather & NOTAM's	Human Factors
	Dual	Circuit Considerations	0.7	Checklist Memorized	
	Dual	Flapless Landing	0.7	Medical (DL9)	
	Dual	Glide Approach	0.7		
	Dual	Engine Failure After Takeoff	0.7		
	Dual	Crosswind Circuits	0.7	EFATO Brief	
	Dual	Circuit Revision	2.0	Weight & Balance	Aircraft Technical Knowledge
	Solo	Circuit Consolidation	3.0	Radio Failure	
	Dual	Vacating & Joining + SOHJ	0.8		
	Dual	FLWOP Pattern	0.9	Emergency Procedures	
	Solo	FLWOP Pattern + SOHJ	0.9		
	Dual	FLWOP Considerations	0.9	Threat & Error Management	
	Solo	FLWOP Considerations	0.9		
	Dual	Steep Turns	0.8		Meteorology
	Solo	Steep Turns	0.8		
	Dual	Advanced Stalls	0.8		
	Dual	Wing-Drop Stalls	1.0		
	Solo	Stalling Revision	1.0		
	Dual	Short-Field Takeoff & Landing	0.7	Performance Charts & Short-Field Brief	
	Solo	Short-Field Takeoff & Landing	0.7		
	Dual	Low Flying Introduction	0.6	Navigation & Flight Planning	
	Dual	Low Flying Consideration	0.7		
	Dual	Precautionary Landings	0.8		
	Solo	Precautionary Landings	1.0		
	Dual	Compass Turns	0.6		Picketing the Aircraft
	Solo	Compass Turns	0.6		
	Dual	Instrument Flying Introduction	0.7		
	Dual	IF Limited Panel	0.8	Passenger Briefing	
	Dual	IF Unusual Attitudes	0.7		
	Dual	IF Revision	2.8	X-Country Briefing	
	Dual	Terrain Awareness	3.0		
	Navigation (optional)			Class 1 or 2 Medical	
	Dual	Elementary Navigation	1.0		
	Solo	Elementary Nav Solo	1.0		
	Dual	Basic Navigation	2.0		
	Solo	Basic Nav Solo	2.0		
	Dual	Advanced Navigation	2.0		
	Solo	Advanced Nav Solo	2.0		
	Night Flying (optional)			Aircraft Flight Manual	
	Dual	Night Introduction	1.0		
	Dual	Night Emergencies	1.0		
	Solo	Night Solo	5.0		
	Dual	Night X-Country Demo of Competence	3.0	Flight Test Standard Guide	
	Flight Test Preparation				
	Dual	General Revision	3.0		
	Solo	General Revision Solo	3.0		
	PPL Flight Test				